

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Caluwaerts Lynn HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

**Event number: 29: 100M BACKSTROKE WOMEN 11-12 Heat:10, starttime: 14:24**

**Heat: 10/12 Lane : 1 Athlete: BOUQUET JULIETTE Q-time: 01:30:24**

**PB (50m pool): 01:32.07 Wezenberg 04/01/2026 PB (25m pool): 01:30.24 SB: 01:32.07 Wezenberg 04/01/2026**

|           | <b>5 0 M</b> | <b>1 0 0 M</b> |  |
|-----------|--------------|----------------|--|
| <b>PB</b> | 00:45.14     | 01:32.07       |  |
|           | 00:45.14     | 00:46.93       |  |
|           | .....        | .....          |  |

Coach feedback:

**Event number: 30: 50M BREASTSTROKE WOMEN 13-14 Heat:4, starttime: 14:36**

**Heat: 4/8 Lane : 2 Athlete: GORIS ZITA Q-time: 00:45:28**

**PB (50m pool): 00:45.44 Antwerpen 15/03/2026 PB (25m pool): 00:45.28 SB: 00:45.44 Antwerpen 15/03/2026**

|           | <b>5 0 M</b> |  |
|-----------|--------------|--|
| <b>PB</b> | 00:45.44     |  |
|           | 00:45.44     |  |
|           | .....        |  |

Coach feedback:

**Event number: 31: 200M FREESTYLE MEN 13-14 Heat:3, starttime: 14:51**

**Heat: 3/11 Lane : 1 Athlete: NAGELS ROBBE Q-time: 03:01:76**

**PB (50m pool): 03:01.76 Olympic Pool Wezenberg, Antwer 29/03/2026 PB (125m pool): 03:01.79 SB: 03:01.76 Olympic Pool Wezenberg, Antwer 29/03/2026**

|           | <b>5 0 M</b> | <b>1 0 0 M</b> | <b>1 5 0 M</b> | <b>2 0 0 M</b> |  |
|-----------|--------------|----------------|----------------|----------------|--|
| <b>PB</b> | 00:41.75     | 01:29.97       | 02:17.97       | 03:01.76       |  |
|           | 00:41.75     | 00:48.22       | 00:48.00       | 00:43.79       |  |
|           | .....        | .....          | .....          | .....          |  |

Coach feedback:

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|  |             |              |  |                                 |  |
|--|-------------|--------------|--|---------------------------------|--|
| <b>Event number: 31: 200M FREESTYLE MEN 13-14</b>  |             |              |  | <b>Heat:5, starttime: 14:57</b> |  |
| <b>Heat: 5/11 Lane : 6 Athlete: VERSCHEURE SAM</b> |             |              |  | <b>Q-time: 02:45:58</b>         |  |
| PB (50m pool): 02:45.58 Antwerpen 13/07/2025       |             |              | PB (25m pool): 02:32.27 SB: 02:45.66 Olympic Pool Wezenberg, Antwer 29 |                                 |  |
|  | <b>50 M</b> | <b>100 M</b> | <b>150 M</b>   | <b>200 M</b>                    |  |
| PB   | 00:38.67    | 01:21.06     | 02:04.29   | 02:45.58                        |  |
|  | 00:38.67    | 00:42.39     | 00:43.23   | 00:41.29                        |  |
|  | .....       | .....        | .....  | .....                           |  |

Coach feedback:

|   |             |              |   |                                 |  |
|---|-------------|--------------|---|---------------------------------|--|
| <b>Event number: 31: 200M FREESTYLE MEN 13-14</b> |             |              |   | <b>Heat:5, starttime: 14:57</b> |  |
| <b>Heat: 5/11 Lane : 8 Athlete: GORIS FINN</b>    |             |              |   | <b>Q-time: 02:47:07</b>         |  |
| PB (50m pool): 02:47.07 Wezenberg 01/02/2026      |             |              | PB (25m pool): 02:48.76 SB: 02:47.07 Wezenberg 01/02/2026 |                                 |  |
|   | <b>50 M</b> | <b>100 M</b> | <b>150 M</b>  | <b>200 M</b>                    |  |
| PB  | 00:38.13    | 01:21.64     | 02:04.66  | 02:47.07                        |  |
|   | 00:38.13    | 00:43.51     | 00:43.02  | 00:42.41                        |  |
|   | .....       | .....        | .....   | .....                           |  |

Coach feedback:

|  |             |              |   |                                 |  |
|--|-------------|--------------|---|---------------------------------|--|
| <b>Event number: 31: 200M FREESTYLE MEN 13-14</b>          |             |              |   | <b>Heat:9, starttime: 15:10</b> |  |
| <b>Heat: 9/11 Lane : 1 Athlete: CARPENTIER THIBO</b>       |             |              |   | <b>Q-time: 02:31:06</b>         |  |
| PB (50m pool): 02:32.25 Sportoase De Watermolen 24/05/2026 |             |              | PB (25m pool): 02:31.06 SB: 02:32.25 Sportoase De Watermolen 24/05/2026 |                                 |  |
|  | <b>50 M</b> | <b>100 M</b> | <b>150 M</b>  | <b>200 M</b>                    |  |
| PB   | 00:33.15    | 01:12.18     | 01:53.59  | 02:32.25                        |  |
|  | 00:33.15    | 00:39.03     | 00:41.41  | 00:38.66                        |  |
|  | .....       | .....        | .....   | .....                           |  |

Coach feedback:

|   |             |              |                                     |                                  |  |
|---|-------------|--------------|-------------------------------------|----------------------------------|--|
| <b>Event number: 31: 200M FREESTYLE MEN 13-14</b>                 |             |              |                                     | <b>Heat:10, starttime: 15:13</b> |  |
| <b>Heat: 10/11 Lane : 6 Athlete: SNOECKX GUILLAUME</b>            |             |              |                                     | <b>Q-time: 02:28:31</b>          |  |
| PB (50m pool): 02:37.09 Olympic Pool Wezenberg, Antwer 30/07/2025 |             |              | PB (25m pool): 02:28.31 SB: no time |                                  |  |
|   | <b>50 M</b> | <b>100 M</b> | <b>150 M</b>                        | <b>200 M</b>                     |  |
| PB  | 00:36.23    | 01:16.28     | 01:58.05                            | 02:37.09                         |  |
|   | 00:36.23    | 00:40.05     | 00:41.77                            | 00:39.04                         |  |
|   | .....       | .....        | .....                               | .....                            |  |

Coach feedback:

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

|   |             |                                 |
|---|-------------|---------------------------------|
| <b>Event number: 32: 50M FREESTYLE WOMEN 15+</b>  |             | <b>Heat:7, starttime: 15:26</b> |
| <b>Heat: 7/14 Lane : 3 Athlete: BALAJI YOUSRA</b>   |             | <b>Q-time: 00:31:69</b>         |
| PB (50m pool): 00:31.89 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:31.69 SB: 00:32.48 Antwerpen 15/03/2026 |             |                                 |
|   | <b>50 M</b> |                                 |
| PB  | 00:31.89    |                                 |
|   | 00:31.89    |                                 |
|   | .....       |                                 |

Coach feedback:

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 32: 50M FREESTYLE WOMEN 15+</b>   |             | <b>Heat:7, starttime: 15:26</b> |
| <b>Heat: 7/14 Lane : 5 Athlete: VAN REETH LISSE</b>  |             | <b>Q-time: 00:31:69</b>         |
| PB (50m pool): 00:31.77 Antwerpen 15/03/2026 PB (25m pool): 00:31.69 SB: 00:31.77 Antwerpen 15/03/2026 |             |                                 |
|  | <b>50 M</b> |                                 |
| PB   | 00:31.77    |                                 |
|  | 00:31.77    |                                 |
|  | .....       |                                 |

Coach feedback:

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 32: 50M FREESTYLE WOMEN 15+</b>   |             | <b>Heat:9, starttime: 15:28</b> |
| <b>Heat: 9/14 Lane : 5 Athlete: HOUVENAGHEL ELIEN</b>  |             | <b>Q-time: 00:30:94</b>         |
| PB (50m pool): 00:31.01 Antwerpen 13/07/2025 PB (25m pool): 00:30.94 SB: 00:32.06 Wezenberg 01/02/2026 |             |                                 |
|  | <b>50 M</b> |                                 |
| PB   | 00:31.01    |                                 |
|  | 00:31.01    |                                 |
|  | .....       |                                 |

Coach feedback:

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>  |             | <b>Heat:3, starttime: 15:39</b> |
| <b>Heat: 3/11 Lane : 3 Athlete: MICHELS NAND</b>   |             | <b>Q-time: 01:27:98</b>         |
| PB (50m pool): 01:31.61 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 01:27.98 SB: 01:31.61 Zwembad Brigitte Becue 26/04/2026 |             |                                 |
|  | <b>50 M</b> | <b>100 M</b>                    |
| PB   | 00:42.71    | 01:31.61                        |
|  | 00:42.71    | 00:48.90                        |
|  | .....       | .....                           |

Coach feedback:

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|   |             |  |  |
|---|-------------|--|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b> |             | <b>Heat:4, starttime: 15:41</b>                    |  |
| <b>Heat: 4/11 Lane : 2 Athlete: APERS NACER</b>   |             | <b>Q-time: 01:26:67</b>                            |  |
| PB (50m pool): 01:24.50 Mol 28/06/2026            |             | PB (25m pool): no time SB: 01:24.50 Mol 28/06/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>                                       |  |
| PB  | 00:40.38    | 01:24.50   |  |
|   | 00:40.38    | 00:44.12   |  |
|   | .....       | .....  |  |

Coach feedback:

|   |             |                                    |  |
|---|-------------|------------------------------------|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>   |             | <b>Heat:4, starttime: 15:41</b>    |  |
| <b>Heat: 4/11 Lane : 3 Athlete: GARREVOET LUCAS</b> |             | <b>Q-time: 01:25:58</b>            |  |
| PB (50m pool): no time                              |             | PB (25m pool): no time SB: no time |  |
|   | <b>50 M</b> | <b>100 M</b>                       |  |
| PB  | no time     | no time                            |  |
|   | no time     |                                    |  |
|   | .....       | .....                              |  |

Coach feedback:

|   |             |   |  |
|---|-------------|---|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>                 |             | <b>Heat:4, starttime: 15:41</b>   |  |
| <b>Heat: 4/11 Lane : 6 Athlete: DELFS REMY</b>                    |             | <b>Q-time: 01:25:64</b>   |  |
| PB (50m pool): 01:25.64 Olympic Pool Wezenberg, Antwer 29/07/2026 |             | PB (25m pool): no time SB: 01:25.64 Olympic Pool Wezenberg, Antwer 29/07/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>  |  |
| PB  | 00:40.44    | 01:25.64  |  |
|   | 00:40.44    | 00:45.20  |  |
|   | .....       | .....   |  |

Coach feedback:

|   |             |   |  |
|---|-------------|---|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>                 |             | <b>Heat:6, starttime: 15:45</b>   |  |
| <b>Heat: 6/11 Lane : 3 Athlete: PAELINCKX ELYAS</b>               |             | <b>Q-time: 01:22:54</b>   |  |
| PB (50m pool): 01:22.54 Olympic Pool Wezenberg, Antwer 29/07/2026 |             | PB (25m pool): no time SB: 01:22.54 Olympic Pool Wezenberg, Antwer 29/07/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>  |  |
| PB  | 00:39.27    | 01:22.54  |  |
|   | 00:39.27    | 00:43.27  |  |
|   | .....       | .....   |  |

Coach feedback:

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|   |             |   |  |
|---|-------------|---|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>                 |             | <b>Heat:6, starttime: 15:45</b>   |  |
| <b>Heat: 6/11 Lane : 5 Athlete: RAES DAMON</b>                    |             | <b>Q-time: 01:22:23</b>   |  |
| PB (50m pool): 01:22.23 Olympic Pool Wezenberg, Antwer 29/03/2026 |             | PB (25m pool): no time SB: 01:22.23 Olympic Pool Wezenberg, Antwer 29/03/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>  |  |
| PB  | 00:38.75    | 01:22.23  |  |
|   | 00:38.75    | 00:43.48  |  |
|   | .....       | .....   |  |

Coach feedback:

|   |             |   |  |
|---|-------------|---|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>         |             | <b>Heat:7, starttime: 15:47</b>                           |  |
| <b>Heat: 7/11 Lane : 8 Athlete: VAN CRAENENBROECK VIK</b> |             | <b>Q-time: 01:21:46</b>                                   |  |
| PB (50m pool): 01:21.46 Antwerpen 15/03/2026              |             | PB (25m pool): 01:26.38 SB: 01:21.46 Antwerpen 15/03/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>  |  |
| PB  | 00:38.64    | 01:21.46  |  |
|   | 00:38.64    | 00:42.82  |  |
|   | .....       | .....   |  |

Coach feedback:

|  |             |   |  |
|--|-------------|---|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>  |             | <b>Heat:9, starttime: 15:51</b>                           |  |
| <b>Heat: 9/11 Lane : 7 Athlete: SNOECKX OLIVER</b> |             | <b>Q-time: 01:17:39</b>                                   |  |
| PB (50m pool): 01:18.38 Wezenberg 01/02/2026       |             | PB (25m pool): 01:17.39 SB: 01:18.38 Wezenberg 01/02/2026 |  |
|  | <b>50 M</b> | <b>100 M</b>  |  |
| PB   | 00:37.48    | 01:18.38  |  |
|  | 00:37.48    | 00:40.90  |  |
|  | .....       | .....   |  |

Coach feedback:

|   |             |  |  |
|---|-------------|--|--|
| <b>Event number: 33: 100M FREESTYLE MEN 11-12</b>         |             | <b>Heat:10, starttime: 15:52</b>                                       |  |
| <b>Heat: 10/11 Lane : 7 Athlete: MICHIELS VINCE</b>       |             | <b>Q-time: 01:15:82</b>  |  |
| PB (50m pool): 01:16.67 Zwembad Brigitte Becue 26/04/2026 |             | PB (25m pool): 01:15.82 SB: 01:16.67 Zwembad Brigitte Becue 26/04/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>   |  |
| PB  | 00:37.19    | 01:16.67   |  |
|   | 00:37.19    | 00:39.48   |  |
|   | .....       | .....  |  |

Coach feedback:

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

**Event number: 34: 100M BREASTSTROKE WOMEN 11-12** Heat:10, starttime: 16:18

**Heat: 10/12 Lane : 8 Athlete: BOUQUET JULIETTE** Q-time: 01:46:19

**PB (50m pool): 01:46.19 Wezenberg 04/01/2026** **PB (25m pool): 01:48.06 SB: 01:46.19 Wezenberg 04/01/2026**

|    | 50 M     | 100 M    |  |
|----|----------|----------|--|
| PB | 00:50.76 | 01:46.19 |  |
|    | 00:50.76 | 00:55.43 |  |
|    | .....    | .....    |  |

Coach feedback:

**Event number: 35: 200M FREESTYLE MEN 15+** Heat:12, starttime: 16:58

**Heat: 12/13 Lane : 1 Athlete: DA SILVA CAMARATE SHAWN** Q-time: 02:11:95

**PB (50m pool): 02:14.25 Antwerpen 19/04/2026** **PB (25m pool): 02:11.95 SB: 02:14.25 Antwerpen 19/04/2026**

|    | 50 M     | 100 M    | 150 M    | 200 M    |
|----|----------|----------|----------|----------|
| PB | 00:29.19 | 01:03.35 | 01:39.05 | 02:14.25 |
|    | 00:29.19 | 00:34.16 | 00:35.70 | 00:35.20 |
|    | .....    | .....    | .....    | .....    |

Coach feedback:

**Event number: 35: 200M FREESTYLE MEN 15+** Heat:12, starttime: 16:58

**Heat: 12/13 Lane : 4 Athlete: ROOSEN THOMAS** Q-time: 02:10:34

**PB (50m pool): 02:11.37 Sportoase De Watermolen 24/05/2026** **PB (25m pool): 02:10.34 SB: 02:11.37 Sportoase De Watermolen 24/05/2026**

|    | 50 M     | 100 M    | 150 M    | 200 M    |
|----|----------|----------|----------|----------|
| PB | 00:29.08 | 01:01.51 | 01:35.41 | 02:11.37 |
|    | 00:29.08 | 00:32.43 | 00:33.90 | 00:35.96 |
|    | .....    | .....    | .....    | .....    |

Coach feedback:

**Event number: 36: 100M BACKSTROKE WOMEN 13-14** Heat:3, starttime: 17:09

**Heat: 3/11 Lane : 6 Athlete: ZONNEKEYN CARO LINA** Q-time: 01:34:61

**PB (50m pool): 01:35.68 Mol 28/06/2026** **PB (25m pool): 01:34.61 SB: 01:35.68 Mol 28/06/2026**

|    | 50 M     | 100 M    |
|----|----------|----------|
| PB | 00:47.91 | 01:35.68 |
|    | 00:47.91 | 00:47.77 |
|    | .....    | .....    |

Coach feedback:

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

|  |             |   |  |
|--|-------------|---|--|
| <b>Event number: 36: 100M BACKSTROKE WOMEN 13-14</b>   |             | <b>Heat:4, starttime: 17:12</b>                           |  |
| <b>Heat: 4/11 Lane : 3 Athlete: CORNELIS MARJOLEIN</b> |             | <b>Q-time: 01:30:81</b>                                   |  |
| PB (50m pool): 01:33.70 Antwerpen 15/03/2026           |             | PB (25m pool): 01:30.81 SB: 01:33.70 Antwerpen 15/03/2026 |  |
|  | <b>50 M</b> | <b>100 M</b>  |  |
| PB   | 00:45.74    | 01:33.70  |  |
|  | 00:45.74    | 00:47.96  |  |
|  | .....       | .....   |  |

Coach feedback:

|  |             |   |  |
|--|-------------|---|--|
| <b>Event number: 36: 100M BACKSTROKE WOMEN 13-14</b> |             | <b>Heat:4, starttime: 17:12</b>                           |  |
| <b>Heat: 4/11 Lane : 5 Athlete: KUSHNIR MILANA</b>   |             | <b>Q-time: 01:30:50</b>                                   |  |
| PB (50m pool): 01:32.12 Wezenberg 04/01/2026         |             | PB (25m pool): 01:30.50 SB: 01:32.12 Wezenberg 04/01/2026 |  |
|  | <b>50 M</b> | <b>100 M</b>  |  |
| PB   | 00:45.07    | 01:32.12  |  |
|  | 00:45.07    | 00:47.05  |  |
|  | .....       | .....   |  |

Coach feedback:

|   |             |  |  |
|---|-------------|--|--|
| <b>Event number: 36: 100M BACKSTROKE WOMEN 13-14</b>              |             | <b>Heat:4, starttime: 17:12</b>  |  |
| <b>Heat: 4/11 Lane : 7 Athlete: CAUTAERT-KNUTSSON LISA</b>        |             | <b>Q-time: 01:31:46</b>  |  |
| PB (50m pool): 01:33.93 Olympic Pool Wezenberg, Antwer 29/03/2026 |             | PB (25m pool): 01:31.46 SB: 01:33.93 Olympic Pool Wezenberg, Antwer 29/03/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>   |  |
| PB  | 00:46.09    | 01:33.93   |  |
|   | 00:46.09    | 00:47.84   |  |
|   | .....       | .....  |  |

Coach feedback:

|   |             |  |  |
|---|-------------|--|--|
| <b>Event number: 36: 100M BACKSTROKE WOMEN 13-14</b>      |             | <b>Heat:7, starttime: 17:20</b>  |  |
| <b>Heat: 7/11 Lane : 8 Athlete: SZABO NORA</b>            |             | <b>Q-time: 01:27:46</b>  |  |
| PB (50m pool): 01:27.46 Zwembad Brigitte Becue 26/04/2026 |             | PB (25m pool): 01:31.27 SB: 01:27.46 Zwembad Brigitte Becue 26/04/2026 |  |
|   | <b>50 M</b> | <b>100 M</b>   |  |
| PB  | 00:42.03    | 01:27.46   |  |
|   | 00:42.03    | 00:45.43   |  |
|   | .....       | .....  |  |

Coach feedback:

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>   |             | <b>Heat:2, starttime: 17:33</b> |
| <b>Heat: 2/11 Lane : 2 Athlete: NAGELS ROBBE</b>   |             | <b>Q-time: 00:38:48</b>         |
| PB (50m pool): 00:38.91 Zwembad Brigitte Becue 26/04/2026 PB (25m pool): 00:38.48 SB: 00:38.91 Zwembad Brigitte Becue 26/04/2026 |             |                                 |
|  | <b>50 M</b> |                                 |
| PB   | 00:38.91    |                                 |
|  | 00:38.91    |                                 |
|  | .....       |                                 |

Coach feedback:

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>   |             | <b>Heat:3, starttime: 17:34</b> |
| <b>Heat: 3/11 Lane : 5 Athlete: GORIS FINN</b>   |             | <b>Q-time: 00:35:04</b>         |
| PB (50m pool): 00:35.04 Antwerpen 15/03/2026 PB (25m pool): 00:35.47 SB: 00:35.04 Antwerpen 15/03/2026 |             |                                 |
|  | <b>50 M</b> |                                 |
| PB   | 00:35.04    |                                 |
|  | 00:35.04    |                                 |
|  | .....       |                                 |

Coach feedback:

|  |             |                                 |
|--|-------------|---------------------------------|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>           |             | <b>Heat:6, starttime: 17:37</b> |
| <b>Heat: 6/11 Lane : 2 Athlete: CARPENTIER THIBO</b>       |             | <b>Q-time: 00:32:58</b>         |
| PB (50m pool): no time PB (25m pool): 00:32.58 SB: no time |             |                                 |
|  | <b>50 M</b> |                                 |
| PB   | no time     |                                 |
|  | no time     |                                 |
|  | .....       |                                 |

Coach feedback:

|   |             |                                 |
|---|-------------|---------------------------------|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>  |             | <b>Heat:9, starttime: 17:40</b> |
| <b>Heat: 9/11 Lane : 1 Athlete: VERSCHEURE SAM</b>  |             | <b>Q-time: 00:30:82</b>         |
| PB (50m pool): 00:30.82 Antwerpen 15/03/2026 PB (25m pool): no time SB: 00:30.82 Antwerpen 15/03/2026 |             |                                 |
|   | <b>50 M</b> |                                 |
| PB  | 00:30.82    |                                 |
|   | 00:30.82    |                                 |
|   | .....       |                                 |

Coach feedback:

# ZC 2026: Session: 4: COACH evaluation sheet for TEAM: BRABO

|   |             |   |
|---|-------------|---|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>  |             | <b>Heat:9, starttime: 17:40</b>                           |
| <b>Heat: 9/11 Lane : 3 Athlete: MICHELS LINUS</b> |             | <b>Q-time: 00:30:65</b>                                   |
| PB (50m pool): 00:30.65 Wezenberg 01/02/2026      |             | PB (25m pool): 00:30.69 SB: 00:30.65 Wezenberg 01/02/2026 |
|   | <b>50 M</b> |   |
| PB  | 00:30.65    |   |
|   | 00:30.65    |   |
|   | .....       |   |

Coach feedback:

|   |             |   |
|---|-------------|---|
| <b>Event number: 37: 50M FREESTYLE MEN 13-14</b>      |             | <b>Heat:9, starttime: 17:40</b>                           |
| <b>Heat: 9/11 Lane : 5 Athlete: SNOECKX GUILLAUME</b> |             | <b>Q-time: 00:30:48</b>                                   |
| PB (50m pool): 00:30.65 Wezenberg 01/02/2026          |             | PB (25m pool): 00:30.48 SB: 00:30.65 Wezenberg 01/02/2026 |
|   | <b>50 M</b> |   |
| PB  | 00:30.65    |   |
|   | 00:30.65    |   |
|   | .....       |   |

Coach feedback:

|   |             |   |
|---|-------------|---|
| <b>Event number: 38: 100M BUTTERFLY WOMEN 15+</b> |             | <b>Heat:5, starttime: 17:52</b>                           |
| <b>Heat: 5/7 Lane : 5 Athlete: BALAJI YOUSRA</b>  |             | <b>Q-time: 01:16:88</b>                                   |
| PB (50m pool): 01:18.75 Antwerpen 19/04/2026      |             | PB (25m pool): 01:16.88 SB: 01:18.75 Antwerpen 19/04/2026 |
|   | <b>50 M</b> | <b>100 M</b>  |
| PB  | 00:36.02    | 01:18.75  |
|   | 00:36.02    | 00:42.73  |
|   | .....       | .....   |

Coach feedback: